



VICTORIA

BC, CANADA

OUTDOOR ADVENTURE

Four Day Sample Itinerary



Victoria, BC is the ideal playground for outdoor adventure enthusiasts. On land, within mountaintops, or at sea, outdoor activities are possible year-round thanks to our temperate climate. From ziplining through treetops to kayaking, diving, hiking or cycling, visitors will feel the rush adventuring in the wild, rugged beauty surrounding Victoria.



DAY ONE

The waters surrounding Victoria are home to an abundance of marine wildlife, with the perfect conditions for whale watching. Humpback and orca are the primary whale species found in the area, but gray and minke whales are also frequently sighted. Sea lions, seals, porpoise and a number of marine birds are also amongst our diverse marine residents.



Visitors can join local certified naturalists for a guided marine adventure tour to see and learn about these animals first-hand. A marine wildlife tour usually includes a trip to Race Rocks Ecological Reserve, the most southern part of Canada on the Pacific coast and Canada's first Marine Protected Area. You can choose between a smaller, zippier zodiac or covered boat for your wildlife viewing experience. Victoria's [whale watching tour operators](#) are eager to provide memories of whale sightings that you'll carry for the rest of your life.



Back on land, [Rainforest Tours](#) offers guided adventures into the spectacular beauty of Victoria's local hiking trails. Experience the natural beauty surrounding Victoria in a range of coastal hikes including East Sooke Park and the [Juan de Fuca Marine Trail](#). All trips include transportation to and from the hikes, a gourmet lunch, and an experienced, interpretive guide. Let Rainforest Tours offer an experience as rich as the island's flora and fauna itself.



DAY TWO

Have you ever wanted to fly? At [AdrenaLINE Zipline Adventure Tours](#), experience an exhilarating ride up to 60km/hr as you soar 150 feet off the



ground on eight scenic zipline courses running through our lush, West Coast rainforests. The professionally trained guides emphasize safety and comfort, ensuring a ride full of thrills, jaw-dropping beauty and plenty of laughs. As you descend through the forest and over the cascading Sooke Hills, your guides will train you on important safety features and provide you with educational commentary on the local ecology and wildlife.



DAY THREE

Spend the morning at [WildPlay Element Parks](#) in active adventure experiences, where you are challenged to overcome self-perceived limits. Featuring a combination of Tarzan swings, ziplines, scramble nets, swinging logs and other elements set up to 53 feet above groundlevel, Wildplay offers an aerial adventure that is challenging and interactive in a natural environment.



After a morning of flying through the trees, spend the afternoon exploring Victoria by bike with [The Pedaler Cycling Tours and Rentals](#). The 2-hour “Castles, ‘Hoods & Legends” city tour will allow you to discover memorable landmarks, quaint and quintessential streets, the not-to-be-missed” [Beacon Hill Park](#), [Craigdarroch Castle](#), and Canada’s first Chinatown – all at a quick, breezy pace.



DAY FOUR

Head back to the ocean today! Sea kayaking with [Ocean River Sports](#) is the perfect way to explore Vancouver Island. Ocean River Sports is one of North America’s premier paddle sport stores, tour companies and kayak instructional centres. Lush green rainforests, towering mountain vistas and remote ocean islets are the standard backdrop to a paddler’s excursion in Victoria. To get to these magical places safely requires skill and experience - Ocean River Sports focuses on instilling confidence through competence on the water.



CONTACT US

For more information on this and other itinerary suggestions, contact the Travel Trade team at Destination Greater Victoria.

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